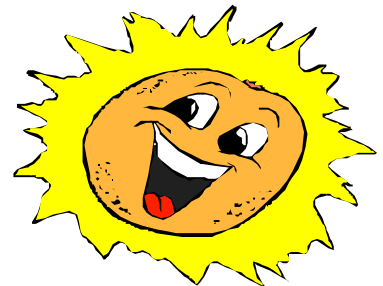


Sun Safety Song Preschool Activity

- Ask children what things they can do to practice sun safety (wear a hat, wear sun glasses, play in the shade, wear sunscreen, etc.).
- Help them make up the words to a sun safety song that can be sung to a familiar tune (If I Had a Hammer, Marry Wore a Red Dress, BINGO, Old MacDonald Had A Farm, etc.).
- Add words or verses to the class song that show these practices all year long.

Example (sung to Old MacDonald Had a Farm)

*I am sun safe all day long, Ee ii ee ii oo
I wear a hat to shade my face. Ee ii ee ii oo
With a floppy hat here, and a floppy hat there,
here a hat, there a hat, everywhere a floppy hat,
I am sun safe all day long, Ee ii ee ii oo*



Other Ideas:

- Each month take a picture of children practicing sun safety and add it to a class book along with any story children dictate about the protection activity. At the end of the year, there will be a class picture book of sun safety throughout the year. For example, you may have pictures of children wearing sunglasses, even when there is snow on the ground.
- Tell children that it is important to tell others how to practice sun safety. Invite them to make a commercial as you videotape it. Show it to the children, use it at parent meetings, and loan it to other classes to use.
- Encourage children to draw pictures and tell stories about sun safety. Provide materials for their creative works and print their stories word for word for them.

Family Involvement:

Print or type the class sun safety song and send a copy to families so they can sing it at home. Encourage families to make up new songs and send them into the classroom. Provide families with information on a regular basis about sun safety for all children. This information can be shared in weekly notes home, newsletters, parent conferences, etc.